



BREAK TIME FOR EMPLOYEES WHO ARE NURSING MOTHERS

Pursuant to state and federal law, employers are required to provide reasonable break time for employees who are nursing mothers to express breast milk. The break time will run concurrently with other routine allowable break periods. In addition, Shelby County will designate a work area location for this purpose that is shielded from view and intrusion from others. **Restroom facilities are not permitted for this purpose.** For safety reasons, infants are not allowed in work areas.

If you are a nursing mother with the need to express breast milk during your break period, you must contact your immediate supervisor or department manager to make a request.